FROM THE NEST
BEHAVIORAL SERVICES

The Unstuck Flowchart

What's the problem?

It's too hard

It's too boring

It's not fair

I don't understand

It takes too long

I can ask for help or a break

I can ask to do it differently, if I can add music, or if I can earn points, like a game

I can ask why it's important or fair

I can ask for it to be explained again or for someone to show me

I can work 10 minutes, then rest 10 minutes, then repeat until the job is done